

# Wigan Borough Community Cycling Club

## Code of Conduct

The Code of Conduct is devised for the safety and benefit of Wigan Borough Community Cycling Club (WBCCC) and its members. It outlines the minimum standards expected on all activities, if in doubt please contact a ride leader or any Steering Group member.

- All members will be required to bring their own bike to use on each Club Ride.
- All members must wear a helmet whilst cycling on Club rides.
- All bikes must be in a roadworthy condition before use on a Club Ride. We also recommend that members carry drinking water, a spare inner tube, pump and basic tool kit for their bike.
- Club members must be responsible for their own health and safety at all times.
- Although we operate informal rides, it is your own responsibility to select rides that are within your ability and you are capable of completing.
- Club Rides are not races – distance and speed of group rides will depend on weather conditions, the route and the abilities of the group.
- The ride leader is the official representative of the Club and his/her instructions must be followed. The ride leader must be a Club member and they will endeavour to ensure the ride is conducted in a safe and well organised manner. All members must assist the leader in carrying out this duty.
- Club Ride activities will be led by a ride leader and they will follow 'best practice' at all times. The routes will have been risk assessed in advance and information on hazards will be given to members before and during the ride as it progresses.
- Club members must be courteous and polite at all times. Pedestrians have priority on the majority of shared routes and towpaths and a smile can go a long way!
- On shared paths, slow down and let people know you are approaching by ringing a bell or politely calling out before waiting to pass slowly.
- Any members who persistently misbehave, including use of abusive or threatening language, or put others in danger will be asked to leave an activity and will not be allowed to continue. In this event, the Club reserves the right to terminate their membership with immediate effect.
- Abusive, threatening or aggressive behaviour is not acceptable and should be reported to the Police.
- Some rides may take place on roads and all riders must adhere to the rules of the road. Members need to be aware of the Highway Code particularly in relation to

cycling (Sections 59 -82) and respect all pedestrians and other road users at all times.

- Be aware of riders behind you. Ride smoothly, do not brake without warning, raise your arm if you have a problem and stop slowly. Leave adequate space between you and fellow riders at all times.
- Give verbal warnings and signal to other riders if there is a danger ahead.
- The group will always stop and assist any rider suffering from mechanical or physical problems.
- The group will always wait for the last rider, unless the rider has requested to be left. No rider should leave the ride without informing the back marker and preferably the ride leader.
- In the event of an accident, the ride leader and the group will do all they can to assist any rider who has sustained injury.
- In the event that any rider should feel unwell and be unable to continue on a Club ride, they will be accompanied by a fellow rider either back to the start point or to an agreed location.
- Members with pre-existing medical conditions that require special treatment, must take precautions to ensure that any relevant information about their condition is carried at all times and can be easily located by the emergency services, or other medical professionals, in the event of an accident or onset of said condition.
- The Club operates an 'open door' policy – we are keen to hear from members with ideas of how we can improve the way the club operates – we welcome your feedback, suggestions and criticisms, either verbally or in writing to any member of the Steering Group.

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