Ride Name	W113-CH-Roach Bridge			
Туре	Club Ride	Miles	25	
Bike	Hybrid / MTB	Ascent	1000 Feet	
Meeting Place	Matalan Car Park Bamber Bridge	What3Words	allow.shave.chip	
Date / Time	<as facebook="" invite="" per=""></as>			
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Description	This route starts at Matalan at the top of Bamber Bridge, There is the car park entrance – there is currently no parking restriction. Leave Matalan follow route 55 towards Preston then the new shared use path through Brown Edge and Dog Kennel Wood to the Capitol Centre. Cross over onto Guild Wheel and follow until A59 then alongside A59 to Potter Lane following cycle path and quiet lanes to Mellor Brook. Lunch is taken here at the Feildens Arms thern up to and across Preston New Road then follow Park Lane to Samlesbury hall, here ride along the pavement for a short while take the first left to Samlesbury Bottoms via Nab's Head. Then quiet roads through Roach Bridge up to Cuerdale Lane (can be busy). Follow this to another lane called Potter Lane across the river Darwen (Bridge) up to Coupe Green and then onto Gregson Lane take the turn off to Jack Green and cross the railway (Stop, Look, Listen) then up to and along Sandy Lane (again quite busy) on to Pippen Street where we go under, over and along the motorway. Finally through Walton Summit and Bamber Bridge and back to start. Just under 25 miles mostly tarmac but it will be led slowly, very slowly.			
	slowly.			
Map Overview Profile	Wood Deepdale Ribbleton Avenham Higher Waton Higher Waton Higher Waton Clayton Brook office Clayton Brook office 300 ft			
WAYTYPES		SURFACES		
		JUNITACES		
• Singletrack: 1.46 mi		Unpaved: 1	• Unpaved: 1.80 mi	
• Path: 0.88 mi		Cobblestor	Cobblestones: < 109 yd	
• Cycleway: 5.98 mi		• Paved: 12.3	• Paved: 12.3 mi	
• Street: 1.48 mi		Asphalt: 9.9	• Asphalt: 9.94 mi	
• Road: 14.3 mi		Unknown:	• Unknown: 0.47 mi	
State Ro	ad: 0.28 mi			